

Includes races from 1/6/2002 to 1/13/2006

Swim Meet	AVG Turn Time (sec)	AVG Break Time (sec)	AVG Break Dist (M)	AVG Cycle Count	Time	AVG Split*	AVG Tempo/Rate	AVG DPC (M/C.)	AVG Velocity (M/sec)
Event: 200 IM Heat: Prelims 2003 Spring Nationals, 4/1/2003	1.06	2.58	5.83	25.7	2:21.00	37.02	47.4 (1.26)	1.77	1.319
Event: 200 IM Heat: Finals 2003 Spring Nationals, 4/1/2003	1.13	2.40	5.33	26.2	2:19.40	36.49	49.0 (1.23)	1.74	1.361
Event: 200 IM Heat: Prelims 2004 OLYMPIC TRIALS, 7/6/2004	1.05	2.76	6.17	23.8	2:13.50	34.77	47.5 (1.26)	1.87	1.425
Event: 200 IM Heat: Finals 2004 OLYMPIC TRIALS, 7/6/2004	1.44	2.36	5.25	24.7	2:12.06	34.50	50.2 (1.19)	1.85	1.469
Event: 200 IM Heat: Semi-Finals 2004 OLYMPIC TRIALS, 7/6/2004	1.00	3.01	6.33	32.2	2:12.55	34.65	48.4 (1.24)	1.85	1.431

* - AVG Split value does not include time of the first lap

* - denotes extrapolated value